

WEEKLY

MENU

Reigate St Mary's Week 1



Monday

Tuesday

Wednesday

Thursday

Friday

Penne Pasta with Beef Bolognese Sauce

Mix Grill

Oven Roasted Chicken

Traditional Beef Lasagna

Oven Baked Fish Fingers

Penne Pasta with Roasted Tomato Sauce & Parmesan Cheese

Veggie Mix Grill

Veggie Sausages & Red Onion Gravy

Veggie Lasagne

Steamed Fish of the Day and Roasted Vegetables

Garlic Bread

Hash Browns

Creamy Mash Potato

Homemade Oregano, Red Onion & Cheese Focaccia

Homemade Vegetarian Burger

Sweetcorn or Mixed Salad

Jacket Potatoes

Peas

Mixed Salad

Chips

Jacket Potatoes

Baked Beans or Corn on the Cob

Jacket Potatoes

Peas or Baked Beans

Dried Fruit Selection

Dried Fruit Selection

Dried Fruit Selection

Dried Fruit Selection

Jacket Potatoes

Gluten Free Chocolate Sponge & Chocolate Sauce

Cheesy Tuesday

Blueberry Muffins

Apricot & Sultana Flapjack

Fruity Friday

Available daily

Seasonal Salads, Homemade Bread, Selection of Low Fat Yogurts and Fresh Fruit

WEEKLY

MENU

Reigate St Mary's Week 2



Monday

Tuesday

Wednesday

Thursday

Friday

Homemade Calzone Pizzas
Ham & Cheese

Homemade Beef Burgers

Bacon & Creamy Macaroni
Cheese

Honey Glazed Teriyaki
Chicken, Broccoli Stir-fry

Gluten Free Battered Fish

Homemade Calzone Pizzas
Tomato & Basil

Homemade Vegetable
Cheese Burgers

Mac 'n' Cheese

Homemade Oriental
Vegetable Filo Rolls

Sweet Potato & Cheddar
Cheese Puff Pastry
Pinwheels

Sweetcorn

Oven Roasted Jacket
Wedges

Homemade Garlic Bread

Egg Fried Rice

Steamed Fish of the Day
Sweet Onion & Dill Sauce

Jacket Potatoes

BBQ Texan Beans

Mixed Salad

Oriental Greens

Hash Browns

Dried Fruit Selection

Jacket Potatoes

Jacket Potatoes

Jacket Potatoes

Peas or Baked Beans

Jam Sponge & Custard

Dried Fruit Selection

Dried Fruit Selection

Dried Fruit Selection

Jacket Potatoes

Cheesy Tuesday

Gluten Free Apple Crumble
& Custard

Banana Cake

Fruity Friday

Seasonal Salad Bar, Homemade Bread, Selection of Low Fat Yogurts & fresh Fruit

WEEKLY

MENU

Reigate St Mary's Week 3



Monday

Tuesday

Wednesday

Thursday

Friday

Pasta Carbonara

Mild Chicken Curry

Roast Gammon with
Yorkshire Pudding &
Homemade Gravy

Chicken & Sweet Pepper
Wraps

Oven Baked Fish Fingers

Sweet Tomato & Basil
Pasta Sauce

Sweet Potato & Butternut
Squash Curry

Vegetable Stroganoff

Cauliflower & Broccoli
Cheese Bake

Steamed Fish of the Day &
Caper Sauce

Seasonal Vegetables

Broccoli

Baton Carrots

Green Beans

Vegetarian Risotto Cake

Cheesy Garlic Bread

Rice

Roast Potatoes

Sauté Potatoes

Chips

Jacket Potatoes

Jacket Potatoes

Jacket Potatoes

Seasonal Vegetables

Peas or Baked Beans

Dried Fruit Selection

Dried Fruit Selection

Dried Fruit Selection

Dried Fruit Selection

Jacket Potatoes

Gluten Free Crumble with
Custard

Cheesy Tuesday

Wobbly Wednesday

Chocolate Muffin

Fruity Friday

Available daily

Selection of Salads, Homemade Bread, Low Fat Fruit Yoghurt & Fresh Fruit